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from his father. A man who fathers children with many women is placed under no social pressure to support his offspring or to marry the mother of any of them. Even in the case of a daughter's elopement, an act made worse by its rebellious flouting of parental authority, forgiveness is usually forthcoming after a lapse of time.

Sexuality is discouraged from childhood on; sex is a taboo subject within the home. Infant sexuality, masturbation, and sexual play among children, as well as curiosity concerning the bodily functions, is forbidden and punished. It is one of the more important obligations of the parent to keep their children "innocent," or, as they say, "to keep their eyes from being opened." The separation of the sexes for work and play begins from about age seven to ten and is strictly enforced at puberty. Coeducation in the school violated this basic attitude and was bitterly opposed by parents. Girls are unprepared for menstruation, which comes as a shock to most of them; girls will rarely confide in their mothers about menstruation or other intimate subjects.

In most inter-personal situations, Tepoztecans do not express affection in a demonstrative fashion and generally avoid bodily contact. Perhaps the major exception to this occurs in the mother-child relationship during the nursing period, when the child is held, fondled, and sometimes kissed. In courtship there is an increasing amount of demonstrativeness and physical contact, but kissing is still not customary.

Tepoztecans learned the Spanish custom of kissing the hand of the priest and of parents and godparents, but it never came easily to them and is now disappearing. The shaking of hands in greeting and departure and the typical Mexican double embrace are not generally practised in Tepoztlán and occur only among politicians and some of the more citified families. When Tepoztecans are drunk, this restraint is frequently relaxed, and male companions will walk arm in arm, and men may hug and even kiss their children and wives in the privacy of their homes.

It must be apparent from the preceding pages that Tepoztecans are not, on the whole, a very affectionate people and that means of expressing affection are limited. Normally, the Tepoztecan shows his affection for his children by hard work, good habits, and by providing them with the necessities of life; the child expresses his affection for his parents by obedience, respect, and diligence. Other inter-personal relations reveal good will or affection in so far as they fulfill the required reciprocal behavior. If these formal or practical qualities exist between people, Tepoztecans consider that they have a satisfactory relation with each other, and little else is demanded.

Between parents and children there is now a noticeable tendency, particularly among the younger generation, to express affection and to seek it in terms of greater demonstration of personal interest in each other, in their wants and needs and general welfare over and above life's bare necessities. This interest may be expressed by greater giving of food, clothing, toys, sweets, gifts, and now, by a willingness to make sacrifices for an education. Tepoztecans, particularly men,

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There is a belief that if an eclipse occurs during a woman's pregnancy, the child will be born with some part of his body missing; that is, it will have been eaten by the moon. To prevent this the mother should wear a pair of scissors under her sash. An earthquake will also cause some physical defect in the child.

There are no diet restrictions for pregnant women. There is a widespread belief that the pregnant woman should satisfy any food whim, otherwise she may suffer a miscarriage or a premature birth, or the baby may be born with skin colorations. Many subsequent difficulties are assigned to the failure to satisfy food whims. It is the husband's obligation to provide his wife with the food she wishes. But women do not make frequent or unreasonable demands, particularly if their husbands are not "good" to them.

Women who are nauseated during the second and third months are treated with herbs which are said to decrease the water in the abdomen. Many women do not take this treatment because of the restriction in diet and movement that follows. They may not go out into the street for three days, they may not go to the fields or to the stream, they may not stand near a water jug.

There are no restrictions on sexual intercourse during pregnancy, and many continue to have intercourse up to the time of birth. No special positions are used in the last months to protect the fetus.

When there are signs of miscarriage, the midwife tries several remedies. The patient may be asked to recline on a *rebozo* or cloth and is then moved or jerked two or three times from one side to another by means of the cloth. Another remedy is to soak an old tortilla in water of *nixtamal* or vinegar and place it on the small of the back. A mixture of the following herbs is also used: *tlatlascametl*,[6] *camotito de San Diego*,[7] and *muicle*.[8] To this some midwives add wine, chocolate, leaves of *Santa María* (*artemisa*),[9] and a gold earring to be boiled with the mixture. Miscarriages are not frequent, and when one occurs the woman is often blamed for bringing it about by carelessness.

Induced miscarriages are fairly common. But the frequent deaths in such cases deter most women, and it is said that women who try to "cure" themselves will have to account for their behavior on Judgment Day. Miscarriages are said to cause *pallos* or brown discoloration of the skin, so that women who suffer from this are believed to have aborted frequently. To bring on delayed menstruation, many women drink *muicle*. Ground *chayotillos* with salt may be taken, or a tuber *aboyote* may be used. Another way is to use the same preparation which brings on labor. The ingredients are as follows: opossum tail (*tlacuache*), *pimienta gorda*, *sasalik*, and *tlatlascametl*. Sometimes women will bring about a miscarriage by deliberately lifting heavy objects. Many women, and particularly unmarried girls, secretly go to

[6] *Montanoa tomentosa*, a very well-known plant. See Maximiano Martínez, *Las Plantas Medicinales de México* (México, D. F.: México Ediciones Botas, 1939), p. 330.
[7] Unidentified.
[8] *Jacobinia spicigera*, *ibid.*
[9] Unidentified.